

M. Desiree Aldeis

CONTACT INFORMATION:

OFFICE

Department of Communication
University of California Santa Barbara
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EDUCATION

- Ph.D.** **University of California Santa Barbara, 2013**
Communication, emphasis in Interpersonal Communication
Dissertation Title: *Putative secrets and turmoil in romantic relationships over time*
Doctoral Advisor: Dr. Tamara Afifi
- M.A.** **University of California Santa Barbara, 2009**
Communication, emphasis in Interpersonal Communication
Thesis Title: *College students' willingness to reveal risky behaviors: The influence message type, relationship type, and self-esteem*
Master's Thesis Advisor: Dr. Tamara Afifi
- B.S.** **University of Texas at Austin, 2003**
Communication Studies

ACADEMIC APPOINTMENTS

Lecturer, University of California Santa Barbara, 2013-Present
Adjunct Faculty, Santa Barbara City College, 2013-Present
Teaching Associate, University of California Santa Barbara, 2010 and 2013
Teaching Assistant, University of California Santa Barbara, 2006-2013

PROFESSIONAL EXPERIENCE

Lecturer: Department of Communication, University of California Santa Barbara

COMM 107: Interpersonal Communication

(Fall 2013, Winter 2014, Fall 2014, Winter, 2015, Spring 2015, Winter 2016)

Lecturer/Instructor of Record

Responsibilities: Teach a course on principles and theories of interpersonal communication. Introduce students to interpersonal communication including major theories and research in the field. Create syllabus, assignments, lectures, exams, and final paper. Average enrollment = 80.

COMM 121: Conflict and Communication

(Winter 2017)

Lecturer/Instructor of Record

Responsibilities: Teach a course on conflict and communication. Introduce students to major theories and research on conflict management. Create syllabus, assignments, lectures, exams, and final paper. Average enrollment = 80.

COMM 124: Family Communication

(Fall 2013, Spring 2014, Fall 2014, Winter 2015, Spring 2015, Fall 2015, Spring 2016)

Lecturer/Instructor of Record

Responsibilities: Teach a course on family communication. Introduce students to family communication including major theories and research in the field. Create syllabus, assignments, lectures, exams, and final paper. Average enrollment = 80.

COMM 151: Relational Communication

(Winter 2014, Summer 2014, Winter 2015, Spring 2015, Fall 2016)

Lecturer/Instructor of Record

Responsibilities: Teach a course on principles and theories of relational communication. Introduce students to relational communication including major theories and research in the field. Create syllabus, assignments, lectures, exams, and final paper. Average enrollment = 80.

COMM 160DI: Special Topics course: The Dark Side of Interpersonal Communication

(Spring 2014 to Present)

Lecturer/Instructor of Record

Responsibilities: Teach a course on social scientific literature on the “dark side” of interpersonal communication. Introduce students to research on difficult experiences in close relationships. Create syllabus, assignments, lectures, exams, and final paper. Average enrollment = 80.

COMM 191: Internship Experience

(Spring 2017)

Lecturer/Instructor of Record

Responsibilities: This course is designed to help Communication seniors make the transition into the workplace. Create syllabus, assignments, and lectures. Average enrollment = 30.

Adjunct Faculty: Santa Barbara City College

COMM 101: Introduction to Communication

(Summer 2013, Fall 2013, Summer 2014, Spring 2015)

Adjunct Faculty/Instructor of Record

Responsibilities: Teach a course on principles and theories of interpersonal communication. Introduce students to interpersonal communication including major theories and research in the field. Create syllabus, assignments, lectures, quizzes, exams, and final paper. Average enrollment = 40.

COMM 121: Interpersonal Communication

(Spring 2014 to Present)

Adjunct Faculty/Instructor of Record

Responsibilities: Teach a course on principles and theories of interpersonal communication. Introduce students to interpersonal communication including major theories and research in the field. Create syllabus, assignments, activities, lectures, and exams. Average enrollment = 30.

COMM 131: Public Speaking

(Summer 2016, Fall 2016, Spring 2017)

Adjunct Faculty/Instructor of Record

Responsibilities: Teach a course to develop public speaking skills. Introduce students to the foundation of public speaking and techniques for skill development. Create syllabus, assignments, activities, lectures, and exams. Average enrollment = 30.

Teaching Associate (UCSB)

COMM 160 Special Topics: *The Dark Side of Interpersonal Communication*. (Winter, 2011 & Spring, 2013). Developed and led an undergraduate course to examine recent and noteworthy scholarship in the social scientific literature regarding the “dark side” of communication. Worked with forty students to understand and apply various examples of issues relevant to the dark side of communication to their own interpersonal experiences. Responsible for designing the curriculum, creating power point presentations, creating assignments, grading assignments and assigning grades. Average enrollment = 40.

Invited Lectures

“Nonverbal Communication” Interpersonal Communication (COMM 121). Santa Barbara City College, February 2013

“Expectancy Violations Theory” Theories of Communication (COMM 89). University of California, Santa Barbara. January 2012.

“Lying and Deception” Nonverbal Communication (COMM 111). University of California, Santa Barbara. March 10, 2008.

“Issues in Online Self-Presentation” Interpersonal Communication (COMM 107). University of California, Santa Barbara. January 20, 2010.

RESEARCH

Publications

Aldeis, D. & Afifi, T. D. (2015). Discovering secrets in romantic relationships. *Communication Currents: Knowledge for Communicating Well, Vol. 10, 5*.

Aldeis, D. & Afifi, T. D. (2014). Putative secrets and conflict in romantic relationships over time. *Communication Monographs*, 1-34. doi: 10.1080/03637751.2014.986747

Aldeis, D., & Afifi, T. D. (2013). College students’ willingness to reveal risky behaviors: The influence of relationship type, message type, and self-esteem. *Journal of Family Communication, 13*, 92-113.

Denes, A., Afifi, T. D., Granger, D., Joseph, A., & Aldeis, D. (2014). Interparental conflict and parents’ inappropriate disclosures: Relations to parents’ and children’s salivary α -amylase and cortisol. In J.M. Honeycutt, C. Sawyer, & S. Keaton (Eds.), *The influence of communication in physiology and health status* (pp. 131-152). New York: Peter Lang Publishers.

Afifi, T.D., Granger, D., Denes, A., Joseph, A., & Aldeis, D. (2014). Interparental conflict and parents’ inappropriate Disclosures: Relations to parents’ and children’s salivary α -Amylase and cortisol. *Communication Research*.

Afifi, T.D., Granger, D., Joseph, A., Aldeis, D., & Denes, A. (2014). The influence of divorce and parents’ communication skills on adolescents’ and young adults’ stress reactivity and recovery. *Communication Research*.

Afifi, T. D., Joseph, A., & Aldeis, D. (2012). The ‘standards for openness hypothesis’: Why women find (conflict) avoidance more dissatisfying than men. *Journal of Social and Personal Relationships, 29*, 102-125.

Afifi, T. D., Granger, D., Joseph, A., Denes, A., & Aldeis, D. (2011) Parents’ communication skills and adolescents’ salivary alpha-amylase and cortisol response patterns. *Communication Monographs, 78*, 273-295.

Afifi, T. D., Aldeis, D., & Joseph, A. (2009). Family conflict. In D. Canary & B. Cupach (Eds.), *Competence in interpersonal conflict* (2nd Ed.). Waveland Press, Inc.

Afifi, T. D., Joseph, A., & Aldeis, D. (2008). Why can't we just talk about it? An observational study of parents' and adolescents' conversations about sex. *Journal of Adolescent Research*, 23, 689-721.

HONORS AND AWARDS

Franklin Knower Award co-recipient for 2012 from the Interpersonal Communication Division, NCA

Edwin Schoell Award for Excellence in Graduate Teaching, *Recipient 2012*

Graduate Dean's Advancement Fellowship, *2011*

UC DIGSSS Fellowship, *2006*

DEPARTMENTAL AND UNIVERSITY SERVICE

2016-Present UC Santa Barbara's Cultural & Enrichment Program Committee Member

2015-Present Faculty Advisor for Her Campus UCSB Chapter

2014-2015 Faculty Advisor for Christina Orzechowski's Senior Honor Thesis, *Management of Family Secrets Regarding Mental Illness*

2013-Present Editor, *The Gaucho Communicator*

2014 Department of Communication Career Day Volunteer

PROFESSIONAL MEMBERSHIPS

2006- Present National Communication Association

2007- 2010 International Communication Association